Cub Section - Athletics Badge 3 year programme by Stuart Leacy Name												
Six												
50m Sprint (9s, 10s, 11s)												
Cricket Ball (25m, 22m, 18m)												
High Jump (96cm, 86cm, 76cm)												
Long Jump (3m, 2½m, 2m)												
Sargent Jump (35cm,30cm,25cm)												
Shuttle Run (18s, 19s, 20s)												
50m Skipping (12s, 13s, 14s)												
1000m run (5min, 6 min, 10 min)												

Cub Section - Athletics Badge 3 year programme by Stuart Leacy Name												
Six												
50m Sprint (9s, 10s, 11s)												
Cricket Ball (25m, 22m, 18m)												
High Jump (96cm, 86cm, 76cm)												
Long Jump (3m, 2½m, 2m)												
Sargent Jump (35cm,30cm,25cm)												
Shuttle Run (18s, 19s, 20s)												
50m Skipping (12s, 13s, 14s)												
1000m run (5min, 6 min, 10 min)												